

TransPerfect Mountain Challenge 2025

Rules and regulations

The TransPerfect Mountain Challenge is a sportive 100% solidarity event benefiting AFANOC, the Association of Familiar of children with cancer in Catalonia. All proceedings from this event are donated to the association.

The event on April 6, 2025, in Barcelona consists of two trail races (5 km and 10 km) and two orienteering races (short and long distance). Participants can only take part in one of the four categories. Additionally, the Horta Velodrome offers the possibility to ride a track bicycle in the Olympic track from 12 until 14h.

Participation in any of the events implies acceptance of this regulation, with any unforeseen matters being subject to the discretion of the organizers.

All participants must ensure they are in adequate physical condition and possess the necessary theoretical and practical knowledge to safely complete the race. Additionally, they must have the appropriate equipment and clothing for the season and terrain.

The competition center, as well as the start and finish lines for all events, will be located at Horta's Velodrome in Barcelona.

The trail routes will be clearly marked with ribbons attached to trees and/or directional or informative signs. There will be a water station available during the 10 km race.

The trail routes will pass through the Collserola Natural Park. Participants must respect the <u>park's rules</u> at all times.

The organizers will not be held responsible for damages of any kind caused by negligence, bad faith, or other situations covered under the exclusions of the civil liability insurance policy contracted by the organization.

The organizers are also not responsible for injuries or other damages that participants may incur as a result of their participation in the race.

Participants are expected to uphold values that ensure the event is conducted in an exemplary manner.

RESPECT: Show respect to others, including fellow runners, members of the organization, spectators, and local residents.

SOLIDARITY: Offer assistance to anyone experiencing difficulties or in danger.

ECO-RESPONSIBILITY: The trail races will take place within the surroundings of the Collserola Natural Park. To minimize environmental impact, participants must strictly follow the route marked by the organizers. All waste must be collected to keep the route clean, and the local wildlife must be respected.

IMPORTANT: Participants must bring their own cup or hydration system for water stations, including at the finish line. The organization will not provide disposable plastic cups.

Participants must respect public and private property. Smoking is strictly prohibited during the race.

The use of any form of transport is strictly forbidden.

SCHEDULE

- 8:30 Opening of the competition center at Horta's Velodrome
- 8:30 to 11:00 Collection of race bibs and SportIdent cards
- 10:30 Start of the 5 km and 10 km trail races
- 11:00 Staggered starts for the orienteering races
- 11:00 First arrivals for the 5 km trail race
- 11:20 First arrivals for the 10 km trail race
- 12:00 Last orienteering starts
- 12:30 Lunch and music
- 13:00 Awards ceremony for trail races
- 13:30 Closure of the trail race finish line
- 14:00 Awards ceremony orienteering races
- 14:30 Closure of the orienteering race finish line
- 16:30 Event wrap up

The schedule is subject to change by the organizers. If a runner decides to continue beyond the time limit, they will do so at their own responsibility and must inform the organizers.

The organizers reserve the right to modify the route due to external factors and/or force majeure. The race may also be canceled in the event of extremely adverse weather conditions.

Trail race bibs must be worn in a clearly visible location (on the chest, abdomen, or upper front part of the thigh). Under no circumstances should the bib be covered.

The race will be monitored using an electronic SportIdent card, which must be registered at the finish line for the trail race and at all checkpoints for the orienteering race.

Categories and awards

Trail

Feminine Absolute and Masculine Absolute categories for the 5 km and 10 km races. Medals will be awarded to the top three finishers (ages 14 and up).

Orienteering

Diploma and small gift for the winners of each category for short and long races. The categories are:

- Individual
- Families (with at the less one minor of 14 years in the team)
- Mixed teams
- Mens
- Womens

Orienteering races

Orienteering is a navigation sport conducted across an area, where participants move on foot. The goal is to complete a course by visiting all the checkpoints in the correct order in the shortest possible time. Orienteering races can be done individually or in teams of 2, 3, 4, or 5 participants.

The orienteering races take place in urban environments, traversing open streets. Participants must adhere to traffic safety rules at all times.

Orienteering controls

• Each race has established routes, and participants must respect the order of checkpoints. The controls are only placed at points represented on the map. Participants must visit these points, choosing their own path to navigate between them.

• Each checkpoint will be marked on the terrain with a control flag consisting of three squares (30×30 cm each) arranged in a triangular shape. Each square is divided diagonally, with one half white and the other orange (PMS 165).

• The control flag will be placed at the element indicated on the map, in accordance with the control description. Whenever possible, the control flag will be positioned so participants can only see it when they arrive at the described point.

• The winner in each category will be the participant(s) who complete the course, passing through all the checkpoints in the shortest time.

• Along with the map, participants will receive a description of the checkpoints. This defines the position of each checkpoint in relation to the element shown on the map. Checkpoint descriptions will be presented using symbols, following the International Orienteering Federation (IOF) standards.

• The start will be represented on the map with a magenta triangle, the checkpoints with magenta circles, and the finish with a double magenta circle.

• Checkpoints will include all levels of difficulty to accommodate various types of participants, including beginner-level cairns. The placement of checkpoints follows strategic criteria and route choice options.

• For teams, all members must stay together, with a maximum distance of 20 meters between them.

• Timing will be managed using the SportIdent system. Each participant must carry a SportIdent card. Family category teams will use a single card. Each card will be securely attached to the participant's wrist with a tamper-proof band provided by the organizers. To validate the time, all team members must pass together through each checkpoint and validate their arrival.

• It is the participant's responsibility to properly validate their checkpoint visits by checking the operation of the audible and visual signals on the base unit.

• Bad weather will not prevent the event from taking place, although the organizers may modify or partially/fully suspend the checkpoints for participants' safety.

• Teams must not seek external assistance or help from other teams, except in cases of injury or evident danger.

• All participants must strictly follow the rules set by the organizers regarding environmental protection and any other related instructions.

• Off-limits or dangerous areas, restricted roads, and boundaries that cannot be crossed will be clearly marked on the map. Participants must not access, follow, or cross these areas, roads, or boundaries.

• All roads, streets, crossing points, and mandatory sections will be clearly marked on the map and in the terrain. Participants must follow the full length of any marked sections of their route.

Registrations

Registrations can be done on the event's website: https://www.transperfectmountainchallenge.com/es/inscripciones-2025/

The registration for the trail race has an initial price of \in 15. Starting from March 10, 2025, the price will increase to \in 20.

The short orienteering race has an initial price of ≤ 10 . From March 10, 2025, the price will increase to ≤ 12 .

The long orienteering race has an initial price of \in 12. Starting from March 10, 2025, the price will increase to \in 14.

Participants in the orienteering races who are not federated must obtain temporary insurance. This insurance, along with the rental of the Sportident card, has a total cost of €4, which will be automatically added to the registration fee.

Optionally, at the time of registration, participants can add various solidarity merchandise products, such as T-shirts, towels, belts, etc.

The registration fee includes: chip timing, printed orienteering maps, accident insurance, ambulance service, clothes storage, and refreshments.

Registration opens on January 21, 2025, and will close on April 2, 2025.

Race numbers and any material purchases made can be collected on the day of the event starting from 8:30 AM.

The minimum age for participation is 14 years for the 10 km trail race and the long orienteering race.

There is no minimum age for the 5 km trail race and the short orienteering race. For minors, written parental/tutor consent must be provided on the day of the race.

To participate with any pet, prior written permission from the organization is required.

It is not allowed to participate accompanied by a non-registered person.

Refunds and name changes

If you are unable to attend or wish to transfer your race number, you can make a name change until April 2, at no additional cost, by notifying us via email at <u>mountainchallenge@transperfect.com</u>.

Recommended materials

The organization does not require any specific equipment, but due to the time of year, we recommend the following materials:

- Windstopper or jacket
- Long pants or leggings
- Hat, Buff, or similar
- Mobile phone
- 500ml water reservoir (e.g., Camelbak or bottles)

Disqualification

Failing to follow the final proof or the official schedule set for the event's closing times.

Shortening the established route or bypassing the mandatory checkpoints during the trail races.

Not wearing the race number visibly or manipulating it during the trail races.

Using external assistance in unauthorized areas (e.g., using any mode of transport or locomotion during all or part of the route).

Engaging in behavior that contradicts the usual standards of respect for essential sporting ethics (e.g., not assisting another competitor who requires help).

Engaging in behavior that contradicts the usual guidelines concerning nature (e.g., discarding waste outside the designated areas after each aid station or anywhere on the race route).

Any disrespectful behavior towards the organization members, volunteers, or other race participants.

The organization reserves the right to modify the race route and aid station locations, change time limits, or even suspend the event for an indefinite period without prior notice. If the weather conditions are extremely unfavorable, the start of the race may be delayed or postponed by several hours.

Claims

The organization will not accept any claims after the awards ceremony. However, the organization will consider recommendations and personal feedback regarding the event's operation. Any claims related to the competition can be made directly to the race director.

The organization reserves the right to modify these regulations at any time. By registering, participants accept the current regulations and any future modifications.

Whenever a modification is made, it will be promptly notified on the event's website.

Personal details and image rights

Participants authorize the use of their image through photographs and videos taken during the race.

Participants explicitly permit the publication of their name, surname, gender, and year of birth on the registration lists, as well as on the results list if they complete the race, in accordance with the established rules.

Participant data will be included in an automated file by the TransPerfect Mountain Challenge for the specified purpose. The organization adopts the necessary security measures in accordance with current regulations, including the Organic Law 15/1999 of December 13, on the Protection of Personal Data.

Participants have the right to exercise their right to access, rectify, or cancel their data, as provided by the applicable legislation, by sending a request to TransPerfect Mountain Challenge via email at mountainchallenge@transperfect.com.

The race organization reserves the right to modify this regulation if necessary